

# Early Age Onset Colorectal Cancer Resource Brochure

## SPONSORSHIP OPPORTUNITIES

This brochure is designed to provide information and resources specifically for colorectal cancer patients who have been diagnosed under the age of 45. The information provided here focuses on the unique challenges of facing a colorectal cancer diagnosis at a young age and the specific issues that may arise during treatment and beyond.

### AREAS OF FOCUS

#### Fertility:

Colorectal cancer treatments such as chemotherapy and radiation therapy can have a major impact on a patient's fertility. It is important to speak with your healthcare team about fertility preservation options prior to starting treatment.

#### Sexual Health:

Colorectal cancer treatments can also affect a patient's sexual health. Patients may experience physical changes, fatigue, and emotional distress related to their diagnosis and treatment. Communication with your healthcare team and exploring support groups and resources can be helpful.

#### Planning for the Future:

It is important to consider how a colorectal cancer diagnosis at a young age may impact future plans, such as having children or pursuing a career. It may be helpful to speak with a financial planner, explore disability and life insurance options, and discuss potential career changes or adjustments with your employer or school.

#### Financial Toxicity:

The cost of cancer treatments and related expenses can have a significant impact on a patient's financial wellbeing. Patients may benefit from speaking with a financial counselor, exploring available resources for financial assistance, and advocating for themselves with insurance providers and healthcare providers.

#### Schooling and Careers:

A colorectal cancer diagnosis at a young age can also impact an individual's education and career plans. Patients may need to take time off from school or work to undergo treatment and manage side effects. It may be helpful to discover potential academic and career accommodations and explore resources such as disability rights and work-life balance support.

#### Mental Health:

A cancer diagnosis can be emotionally challenging. Patients diagnosed at a young age may face unique emotional and social challenges. Seeking help from supportive resources such as counselors, support groups, or online communities can be highly beneficial.



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